

## NDCAS Families and Youth Service General Information

### Provides:-

Case Management, Advocacy, Support, Home Visits, Referrals to all family units and Youth within the Narrabri Shire.

We provide as little or as much assistance as required to meet each individual's needs

- Fully qualified Rock and Water facilitators
- Provision of school based programs in resilience, respect, safe relationships and positive communication
- Advocate with/for clients with both government and non government organizations
- Ongoing support for youth in all aspects of their life

**Playgroup: Busy Little Hands at Play** . Narrabri 10-12pm Thursdays at 51 Tibbereena St

**Toy Library:** Narrabri 9-2 Thursday Mobile service Tuesday/Wednesday to Narrabri, Wee Waa, Pilliga & Gwabegar, service to be extended to Maules Creek in the near future.

Narrabri Neighbourhood Centre  
53-55 Maitland Street,  
PO Box 593  
Narrabri NSW 2390

Phone: (02) 67924900  
Fax: (02) 67924820

Email: [caseworker3@ndcas.com](mailto:caseworker3@ndcas.com)

Website: [www.ndcas.com](http://www.ndcas.com)

**Opening Hours:**  
**Monday – Friday**  
**9am-4pm**  
**Closed 12pm-1pm daily**  
**Closed Public Holidays**

**Playgroup: Phone: (02) 67924900**  
**Email: [playgroup@ndcas.com](mailto:playgroup@ndcas.com)**

**Toy Library: Phone: (02) 67924900**  
**Email: [toylibrary@ndcas.com](mailto:toylibrary@ndcas.com)**



Narrabri & District  
Community Aid Service



[ndcas\\_narrabri](https://www.instagram.com/ndcas_narrabri)



**NDCAS Families and Youth Service**

Helping Families & Youth in Rural communities to stay connected



**familiesnsw**  
supporting families to raise children



Communities  
& Justice

## Families

The NDCAS Family Service is available for families that reside in the Narrabri Shire and aims to support families, parents and children. The Family Service also provides services to young parents, sole parents and expectant mums.

The NDCAS Family Service assists parents and families by helping them to develop their existing parenting skills and offering information on child development, health, behavioral issues and child protection.

We also offer:

- Somebody to talk with
- Support for you in your own home
- Information and referral
- Case management
- Parenting programs
- Advocacy
  
- Link you into other services

**What area does our service cover?**

All of Narrabri Shire

## Youth

The NDCAS Youth Service is available for youth that reside in the Narrabri Shire.

NDCAS Youth Service offer:

- Someone to talk with
- Support in your school setting
- Information and referral
- Information sessions and support groups
- Advocacy
- Link you into other services that may be able to help via a working partnership referral system
- Youth Programs



## Family & Youth Programs

We develop appropriate activities and programs to enhance the skills and confidence of parents and aim to improve educational, social and health outcomes of the children that includes support, advice and referral for families & youth, undertaking home visits where appropriate and establishing support networks for isolated parents.

Parenting programs:

- 123 Magic & Emotion Coaching
- Engaging Adolescents
- No Scaredy Cats

Youth programs:

- Rock and Water
- Respectful Communication
- Kids/Youth With A Purpose

Programs to be added in the future

- Love Bites
- Anger Management

Staff are always attending training and conferences so we can pass vital information on to families.